

01.12 - 05.12.11

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| 10 | | : 10:45 |
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| | 5 2 |
| | 10000 |
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| | | Year | | | | | | | | | |
|----|----|------|----|---|---|---|---|---|---------|---------|----|
| 1 | 1 | 1984 | 1 | 0 | 0 | 1 | 0 | 1 | 33:42.0 | | 50 |
| 2 | 6 | 1987 | 2 | 2 | 0 | 0 | 0 | 2 | 34:22.8 | +40.8 | 46 |
| 3 | 3 | 1989 | 3 | 0 | 0 | 0 | 1 | 1 | 34:44.3 | +1:02.3 | 43 |
| 4 | 5 | 1984 | 4 | 1 | 1 | 1 | 0 | 3 | 34:58.9 | +1:16.9 | 40 |
| 5 | 7 | 1986 | 5 | 1 | 1 | 1 | 0 | 3 | 35:34.1 | +1:52.1 | 38 |
| 6 | 9 | 1983 | 6 | 1 | 1 | 4 | 0 | 6 | 36:02.1 | +2:20.1 | 36 |
| 7 | 14 | 1987 | 7 | 1 | 0 | 1 | 1 | 2 | 36:08.8 | +2:26.8 | 34 |
| 8 | 4 | 1988 | 8 | 1 | 2 | 0 | 2 | 5 | 36:13.6 | +2:31.6 | 33 |
| 9 | 8 | 1983 | 9 | 0 | 1 | 2 | 1 | 4 | 36:18.6 | +2:36.6 | 32 |
| 10 | 13 | 1981 | 10 | 1 | 2 | 2 | | 6 | 36:42.6 | +3:00.6 | 31 |
| 11 | 16 | 1990 | 11 | 1 | 1 | 0 | 1 | 3 | 36:45.5 | +3:03.5 | 30 |
| 12 | 12 | 1985 | 12 | 1 | 1 | 1 | 1 | 3 | 36:55.9 | +3:13.9 | 29 |
| 13 | 2 | 1988 | 13 | 3 | 1 | 0 | 2 | 6 | 37:08.8 | +3:26.8 | 28 |
| 14 | 22 | 1988 | 14 | 1 | 0 | 3 | 2 | 6 | 37:23.0 | +3:41.0 | 27 |
| 15 | 19 | 1976 | 15 | 0 | 0 | 1 | | 2 | 37:23.4 | +3:41.4 | 26 |
| 16 | 28 | 1975 | 16 | 0 | 1 | 1 | 0 | 2 | 37:24.6 | +3:42.6 | 25 |
| 17 | 31 | 1988 | 17 | 0 | 0 | 0 | 2 | 2 | 37:26.9 | +3:44.9 | 24 |
| 18 | 21 | 1982 | 18 | 2 | 1 | 1 | 0 | 4 | 37:29.3 | +3:47.3 | 23 |
| 19 | 25 | 1990 | 19 | 1 | 5 | 0 | 2 | 3 | 37:35.5 | +3:53.5 | 22 |
| 20 | 23 | 1989 | 20 | 0 | 1 | 1 | 1 | 3 | 37:41.4 | +3:59.4 | 21 |
| 21 | 18 | 1988 | 21 | 2 | 2 | 1 | | 5 | 37:48.1 | +4:06.1 | 20 |
| 22 | 37 | 1990 | 22 | 0 | 2 | 0 | 1 | 3 | 37:56.2 | +4:14.2 | 19 |
| 23 | 17 | 1990 | 23 | 2 | 0 | 1 | 0 | 3 | 37:56.7 | +4:14.7 | 18 |
| 24 | 10 | 1984 | 24 | 1 | 2 | 1 | 1 | 5 | 38:05.1 | +4:23.1 | 17 |
| 25 | 45 | 1984 | 25 | 2 | 0 | 1 | 1 | 4 | 38:19.8 | +4:37.8 | 16 |
| 26 | 11 | 1987 | 26 | 2 | 1 | 0 | 4 | 7 | 38:29.3 | +4:47.3 | 15 |
| 27 | 43 | 1983 | 27 | 1 | 0 | 1 | 1 | 3 | 38:42.9 | +5:00.9 | 14 |
| 28 | 30 | 1988 | 28 | 1 | 1 | 2 | 1 | 5 | 39:17.6 | +5:35.6 | 13 |
| 29 | 49 | 1987 | 29 | 0 | 0 | 2 | 1 | 3 | 39:23.0 | +5:41.0 | 12 |
| 30 | 44 | 1989 | 30 | 0 | 1 | 0 | 2 | 3 | 39:26.4 | +5:44.4 | 11 |
| 31 | 15 | 1988 | 31 | 2 | 3 | 1 | 3 | 9 | 39:27.1 | +5:45.1 | 10 |
| 32 | 34 | 1990 | 32 | 2 | 1 | 1 | 2 | 6 | 39:40.8 | +5:58.8 | 9 |
| 33 | 32 | 1989 | 33 | 2 | 0 | 2 | | 4 | 40:01.7 | +6:19.7 | 8 |
| 34 | 26 | 1990 | 34 | 0 | 3 | 3 | | 6 | 40:13.6 | +6:31.6 | 7 |
| 35 | 54 | 1989 | 35 | 2 | 1 | 0 | 1 | 4 | 40:27.9 | +6:45.9 | 6 |

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| 36 | 20 | | | | | 1987 | 36 | 1 | 3 | 3 | 2 | 8 | 40:28.3 +6:46.3 | 5 |
| 37 | 35 | | | | | 1990 | 37 | 1 | 1 | 3 | 4 | 9 | 40:45.8 +7:03.8 | 4 |
| 38 | 57 | | | | | 1989 | 38 | 1 | 0 | 2 | 0 | 3 | 40:46.8 +7:04.8 | 3 |
| 39 | 42 | | | | | 1989 | 39 | 1 | 3 | 0 | 2 | 6 | 40:51.7 +7:09.7 | 2 |
| 40 | 24 | | | | | 1990 | 40 | 3 | 1 | 0 | 0 | 4 | 40:58.5 +7:16.5 | 1 |
| 40 | 36 | | | | | 1990 | 40 | 1 | 2 | 2 | 0 | 5 | 40:58.5 +7:16.5 | 1 |
| 42 | 39 | | | | | 1988 | 42 | 2 | 2 | 3 | 2 | 9 | 41:23.2 +7:41.2 | |
| 43 | 48 | | | | | 1990 | 43 | 2 | 2 | 2 | 0 | 6 | 41:30.5 +7:48.5 | |
| 44 | 46 | | | | | 1989 | 44 | 1 | 1 | 4 | 2 | 8 | 41:39.5 +7:57.5 | |
| 45 | 55 | | | | | 1990 | 45 | 1 | 0 | 1 | 1 | 3 | 41:54.3 +8:12.3 | |
| 46 | 56 | | | | | 1990 | 46 | 2 | 2 | 2 | 3 | 9 | 42:22.4 +8:40.4 | |
| 47 | 38 | | | | | 1990 | 47 | 1 | 0 | 2 | 2 | 5 | 42:24.3 +8:42.3 | |
| 48 | 41 | | | | | 1988 | 48 | 0 | 2 | 1 | 1 | 4 | 42:29.8 +8:47.8 | |
| 49 | 47 | | | | | 1989 | 49 | 3 | 1 | 3 | 1 | 8 | 43:22.0 +9:40.0 | |
| 50 | 50 | | | | | 1990 | 50 | 1 | 1 | 3 | 3 | 8 | 43:37.0 +9:55.0 | |
| 51 | 58 | | | | | 1989 | 51 | 2 | 2 | 2 | 3 | 9 | 44:28.0 +10:46.0 | |
| 52 | 51 | | | | | 1989 | 52 | 2 | 1 | 4 | 3 | 10 | 44:56.2 +11:14.2 | |
| 53 | 59 | | | | | 1988 | 53 | 1 | 4 | 2 | 1 | 8 | 46:29.3 +12:47.3 | |
| 54 | 60 | | | | | 1990 | 54 | 1 | 2 | 1 | 1 | 5 | 46:42.9 +13:00.9 | |

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| 29 | | | | | | 1987 | | | | | | | | |
| 33 | | | | | | 1986 | | | | | | | | |
| 40 | | | | | | 1985 | | | | | | | | |
| 52 | | | | | | 1990 | 0 | | | | 0 | | | |

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|----|--|--|--|--|--|------|---|---|--|--|---|--|--|--|
| 27 | | | | | | 1984 | 1 | | | | 1 | | | |
| 53 | | | | | | 1990 | 4 | 1 | | | 5 | | | |

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| 60 | 54 | 4 | 2 | - | - |
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